Course Description Guide

Stanberry R-II High School



This "Course Description Guide" is intended to provide our students with summarized information about each Stanberry R-II class that is offered (for next year or for future ones). However, it is always best to gain first-hand information by visiting with individual teachers to become better familiarized with a particular course.

Updated: May, 2025

<u>English</u>

Language Arts IFull YearRequired: Grade 9Four divisions of English-Language Arts are explored within this course: grammar, composition, literature and speaking
and listening. Grammar study includes punctuation, vocabulary, and mechanics of writing. Composition study includes the
writing process and expository, narrative, and argumentative persuasive techniques. Literature study includes a basic
knowledge of literary terms as well as reading and analyzing poetry, fiction, and non-fiction. Units focus on short stories,
Romeo and Juliet, and an expository and argumentative research paper are focal points of this class. Speaking and listening
includes collaborating in peer groups and presenting. This course is a local progression in English.

Language Art IIFull YearRequired: Grade 10This class is designed to continue the study of grammar and composition. Emphasis is placed on the development of the
paragraph with coherence and unity. From paragraph development, the student learns to write coherent compositions.
Literature covers the various genres: fiction, non-fiction, short story, poetry, and the novel. The class studies the basic
elements of fiction: setting, theme, plot, character, and tone, and focuses heavily on citing text evidence to support analyses.
This course is a local progression in English.

Language Arts IIIFull YearGrade 11-12Language Arts III is a college preparatory class that expands on the study of grammar and composition. Emphasis is placed
on composition and the correct procedures for writing a term paper. Study includes American literature from Colonial
America to the present. Additionally, each student is required to fulfill "outside reading" assignments each quarter.. Either
this course or Vocational English is a local progression in English. WEIGHT: 1.2

Language Arts IVFull YearPrereq: Lang. Arts IIIGrade 12Language Arts IV (Senior English) is designed to prepare the students for college. The focus of the course is: review of
grammar, sentence structure, composition, term paper, and vocabulary. The students will cover a section on study skills,
including ACT preparation. The study of English literature from the Anglo-Saxon period to the present will comprise the
reading activities. Each student is also required to complete "outside reading" assignments each quarter. This course is an
option for fulfillment of a fourth English credit for graduation for the Class of 2010 and all classes thereafter.WEIGHT:
1.3

Contemporary NovelsSemester 2 (opposite Speech)Grade 10-12Contemporary Novels will focus on the study of contemporary novels. Possible authors to study will include: WilliamFaulkner, John Steinbeck, J.K. Rowling, Ray Bradbury, Sylvia Plath, Larry McMurtry, Louise Erdrich, Alice Walker andWalter Dean Myers. Dependent upon student interest, other authors may be studied. This course is an option for partialfulfillment of a fourth English credit for graduation for the Class of 2010 and all classes thereafter.

SpeechSemester 1 (opposite Cont. Novels)Grade 10-12Speech covers various levels of communication including nonverbal, verbal, conversation, group discussion, and publicspeaking. Emphasis is placed on public speaking and the ability to research, write, and deliver the three different types ofspeeches: informative, persuasive, and entertaining. This course is an option for partial fulfillment of a fourth English creditfor graduation for the Class of 2010 and all classes thereafter.

Vocational EnglishFull YearGrade 11-12This course is designed to meet the needs of the student who will be seeking employment immediately after graduation or
who will be pursuing vocational education. Subjects covered will include: grammar, vocabulary, and other related
communication skills. Units that focus on college/trade school exploration, debate, self-directed projects, Unbroken,
applications, cognitive bias, and self-reflection are focal points of this class. Emphasis is placed on practical English skills
which will prepare the student for the world of work. Either this course or Language Arts III is a local progression in
English.

<u>Math</u>

Algebra IFull YearGrade 9-12Algebra I is an abstract study of the way numbers behave and interrelate. It develops the student's ability to think, both
abstractly and logically. Emphasis will be placed on: positive and negative numbers, algebraic expressions, linear and
quadratic equations, graphing, inequalities, exponentials, order of operation, factoring, working with polynomials, and
converting word sentences into algebraic equations. It is recommended that students should have earned a "C" average
or higher in "8th Grade Pre-Algebra" or should have completed secondary level HS Pre-Algebra to enroll in this
class. If Algebra I was successfully completed as an 8th grader, it does not earn any cumulative grade points or high
school credit toward fulfilling Stanberry R-II graduation requirements.

Algebra IIFull YearPrereq: Algebra IGrade 9-12Algebra II reinforces and continues the skills learned in Algebra I. Additional topics covered will include: rational and
irrational numbers, complex fractions, systems of equations, trigonometry, logarithms, complex numbers, and analytical
geometry. WEIGHT: 1.2

Consumer Math:Full YearGrade 11-12Consumer Math introduces students to mathematical situations related to business and marketing, health occupations, home
economics, industrial technology and agriculture/agri-business. This class continues with the series of units such as:
learning of cooperative work skills, team work approach to solving problems, communication skills in presenting solutions
to class in both oral and written form, and a basic job skill needed for most technical vocations. Geometry and Algebra
related topics will be discussed throughout the year. Mathematical reasoning and problem solving are emphasized, in
addition to engaging in activities that involve two- and three-dimensional geometry, linear equations, statistics and
probability, graphing skills and pattern recognition. Post-secondary testing strategies for the ACT and COMPASS will be
incorporated into the course.

Elements of Math: Full Year Grade 9 Elements of Math is a Pre-Algebra course that builds on previous skills used in everyday math. This course helps build a good algebra base so students will enjoy and thrive in upper level math courses. Emphasis will be placed on real numbers, scientific notation, exponent, algebraic expressions, linear equations, linear inequalities, systems of linear equations, and functions. 8th grade Pre-Algebra class will also introduce and give practice with surface area, volume, and Pythagorean theorem in preparation for Geometry.

GeometryFull YearPrereq: Algebra IGrade 9-11The main objective of Geometry is to develop the student's ability to think in an orderly fashion. This will be accomplishedthrough theorems, postulates, and definitions being organized into geometric proofs. Polygons, circles, loci, ratios,proportions, and constructions will also be covered. WEIGHT: 1.2

Math AnalysisFull YearPrereq: Algebra IIGrade 11-12In Math Analysis, the students will review concepts learned in all previous math classes. Additional topics will include:
probability, modern algebra, trigonometry, polar and rectangular coordinates, limits, and an introduction to calculus.WEIGHT: 1.3

TrigonometryFull YearPrereq: Algebra IIGrade 11-12Trigonometry is the treatment of the relationships holding among the sides and angles of triangles and among closely
related magnitudes. Applications of trigonometry in certain sciences such as physics, chemistry, navigation, surveying, and
construction will be included. WEIGHT: 1.3

CalculusFull YearPrereq: Geom, Alg II and Math AnalysisGrade 12This is a class designed for students entering engineering, economics, life sciences, mathematics, or physical science. Itbegins with review of logarithmic and trigonometric functions. It develops concepts of limits and derivatives. Applicationsinclude approximations by differentials, work, maximum/minimum, and solids of revolution problems. WEIGHT: 1.3

Science

Anatomy and Physiology Full Year

Required: Grade 11-12 Anatomy and physiology is a course that will enable students to develop an understanding of the relationships between the structures and functions of the human body. The curriculum provides a basis for students to develop a strong conceptual understanding of the following human body systems: integumentary, skeletal, muscular, nervous, cardiovascular, respiratory, digestive, urinary, and reproductive. Students have the opportunity to integrate that knowledge through inquiry-based activities and laboratory investigations. This course is designed for college preparation, especially for biology and health career majors.

Physical Science Full Year Required: Grade 9 Physical Science will deal with chemistry and physics in a way that students should understand the concepts of matter and its changes as well as the forces that interact with this matter. Topics to be investigated include: Energy and motion, sound and light waves, electromagnetic spectrum, electricity and magnetism, atoms, chemical bonds and equations, solutions acids and bases. Laboratory work enlightens the student toward everyday use and safety in the lab, integrated into the learning process.

This course is considered as a "college core" by most postsecondary schools; however, some schools may consider Biology I as their lowest academic science course they will accept toward admission.

Full Year Required: Grade 10 Biology Biology is designed to explore the many areas of the life sciences. Various laboratory skills (e.g., the use of the compound microscope, and activities involving genetics) are learned. Topics to be investigated include: structure and function of cells, fundamentals of genetics, plant structures and their functions, invertebrate and vertebrate structures, and ecology. Throughout the year, these various topics are related to human body structures and functions. Laboratory.

Biology II Full Year Prereq: Biology I Grade 11-12 This course focuses on the general principles of biology, including ecology, biochemistry, genetics, microbiology, botany and zoology. Structure, function and life application are stressed as components of each unit of study. This course has a dual-credit option for five hours of college credit (BI100 through North Central Missouri College, Trenton, MO. Prerequisites: needed is a 3.0 cumulative GPA on a non-weighted 4.0 scale; 17 math and 18 reading sub test on ACT. *Lecture and* Laboratory. WEIGHT: 1.2

Grade 10-12 **Environmental Science** Semester (opposite Forensics) Environmental Science will include units of: interaction of living things, cycles in nature, and environmental problems along with solutions. Recommendation: take this course as a sophomore if planning to attend NCCC for vo-tech as a junior and senior.

Grade 10-12 **Forensics** Semester (opposite Environmental Science) Forensic Science is a multidisciplinary applied science encompassing the subfields of biology, chemistry, physics and crime scene investigation. Students will be introduced to the methodology needed to evaluate a crime scene, the proper laboratory techniques needed to evaluate evidence, and how to compare a known and unknown substance. This course will focus on the ability to perform inquiry through hands-on applications.

Chemistry I Full Year Prereq: Algebra II (concurrent option) Grade 11/12 This course should be for those students who are acutely interested in science and are willing to put forth the requirements of study and perseverance. In this course, a study of the atom and how matter changes from one form to another will occur. Many laboratory activities are performed which are parallel to the textbook discussions. This is a class that is designed for a strong foundation in chemical procedures and concepts. Students may take Chemistry I following completion or while currently taking Algebra II. Lecture and Laboratory. WEIGHT: 1.2

HS STEM Full Year Grade 9-12 Project-based learning course that will explore a variety of STEM careers and resources such as robotics, engineering design process, and 3D design.

4

Social Studies

American History Full Year Required: Grade 9 This course is the study of various periods of America's past. From 1865 - 1900, study centers upon "how the last frontier was settled, why America became an industrial nation, and how industrial progress changed the nation." >From 1890 1920, study involves "how America expanded overseas and why America fought in WW I." From 1920 - 1945, students learn "how America had troubled times such as depression and WW II." From 1945 - 1990's, study concludes with "how America has dealt with the world's problems and how this nation has led the Free World Nations." American History I is a required social studies course for graduation.

Am<u>erican Government</u> Required: Grade 11 Full Year This tenth grade course is a comprehensive study of the government's three branches: legislative, executive, and judicial. By using historical background as well as a general overview of state and local governments, study will involve how the three branches of government were created and then progressed to how each function today. Study will also include how state and local governments relate with the national government. American Government is a required social studies course for graduation.

The Missouri Constitution test will be administered. Re-tests of failed U.S Constitution tests from 8th Grade History will also be done. Both the U.S. and Missouri Constitution tests must be passed in order to graduate from a Missouri high school. Transfer students from another state, along with Stanberry R-II students who have not passed either the U.S. or Missouri Constitution test, must pass both tests in order to meet Missouri's state graduation requirements. It will be the student's responsibility to pass both tests before Missouri high school graduation requirements are met. This course is a state of Missouri graduation specific requirement.

Semester 1 (opposite Sociology) Grade 10-12 **Economics** This course is designed to provide the student with a basic understanding of the important relationships between economics with our social and political systems. This course emphasizes the philosophy, history, and operation of our American economic system and its influence on the individual in society.

Grade 9-12 Geography Full year This course familiarizes the student with the world by using the five themes of geography. The student will develop skills and knowledge about location, place, human/environment interaction, movement, and regions. This course covers the world and compares and contrasts the themes across all continents.

Grades 10-12 (Offered every other year opposite World History) This course covers world history through the prism of individual people and the impact that they had. Students will cover

Semester 2 (opposite Economics) Grade 10-12 **Sociology** Sociology focuses on many different aspects of human behavior and life. The class covers how ethics vary in different cultures, groups and societies, the cultural trends that affect how society operates, and how to work well with people from different backgrounds.

(Offered every other year opposite Historical Figures) This course covers world history from the Renaissance to the present time, emphasizing the people and events that have impacted our lives today. Students will uncover patterns of behavior, identify historical trends and themes, and explore historical movements and concepts.

Historical Figures Full Year

World History:

Full Year

the lives of these major figures and the lasting impact that they have had on world history.

Grades 10-12

Physical Education

Coed P.E.

This course requires participation in activities of varying physical degrees. It will emphasize overall physical fitness and the learning of rules, regulations, and techniques used for a variety of sports; written and skills testing will be included.

Full Year

Full Year

Weight Training

This course will teach proper lifting technique by using primarily universal and free weights. Body development through a supervised exercise program which stresses the importance of stretching will be included. Students will work on individualized weight training programs, and periodical evaluations will occur. Total body fitness is a main objective.

Lifetime Sports Full Year Lifetime Sports is a class that is designed to promote lifelong learning through physical exercise. In this class, students will learn proper rules and techniques for lifelong games and activities (e.g., golf, badminton, volleyball, etc.). Weight training and conditioning will also be incorporated into the class as an important part of lifelong fitness.

Fine Arts

Introduction to Art Full Year Grade 9-12 Whether you've never picked up a paintbrush or you've been drawing for years, this class is for you! Introduction to Art takes everyone back to the basics, ensuring that all students start from the same foundational level. You'll explore essential techniques in drawing, painting, and ceramics, focusing on building the core skills that every artist needs. By learning how to work with a variety of materials, you'll gain confidence in your creative abilities and grow your problem-solving skills through art. In this welcoming environment, you'll be guided step by step, with an emphasis on mastering the fundamentals and caring for your tools and workspace. No prior experience is necessary—just bring your curiosity and creativity!

<u>Art II</u> Full Year Prereq: Art I Grade 10 – 12 In Art II, you'll deepen your understanding of the foundational skills from Introduction to Art while expanding into more advanced techniques and mediums. Each project is designed to help you strengthen your skills, with new challenges and fresh materials introduced every year. As you build on your experience, you'll continue to explore your own creative voice while honing your technical abilities. If you're excited to grow as an artist, this class will take your foundational skills to the next level! (A "B-" or higher in Intro to Art is required.)

Art III Full Year Prereq: Art II Grade 11 – 12 Art III focuses on further building and refining the foundational skills you've developed in previous courses. You'll continue to explore new techniques, with projects that encourage more advanced problem-solving and creativity. The class emphasizes growing your confidence in handling various art mediums, while also encouraging deeper exploration of your personal style. You'll also learn more about art history as it connects to your projects, helping you understand the evolution of different art forms. A "B-" or higher in Art II is required for enrollment.

<u>Art IV</u> Full Year Prereq: Art III Grade 12 Art IV is for students who have mastered the foundational skills and are ready to push their artistic abilities even further. In this course, you'll refine your skills in drawing, painting, and ceramics while tackling advanced, independent projects. You'll be encouraged to think critically and create work that shows a mature, polished approach to art-making. This is your chance to take everything you've learned and apply it in ways that highlight your individual style and creativity. A "B-" or higher in Art III is required for enrollment.

9-12 Band Full Year Grades 9-12 The Stanberry 9-12 band is composed of students who have been in band in 5th-8th grade or have previous band experience, and have demonstrated a proficiency in their instrument as well as a positive attitude and a dedication to the band. The high school band program is designed to promote musicianship, performance abilities, and enjoyment of instrumental music. The Stanberry Band performs at school events, football and basketball games, various community events, marching band competitions, concert band festivals, concerts, and more. Students will be required to participate in extra rehearsals for marching band. WEIGHT: 1.1 for Band IV

Grades 10 - 12

Grades 9-12

Grades 10 - 12

7

High School Choir

Course Description: This course is designed to offer vocal music education and performing opportunities. The primary focus of this ensemble class will be to study vocal performance techniques, music theory, sight singing, and ear training. This group will perform with the school's extra-curricular choir in the winter and spring concerts. Optional performance opportunities such as All-District Choir, Solo & Ensemble Festival, and National Anthem presentations will be made available. Individual assistance is available before, during, and after school. Some extra rehearsals are required. **WEIGHT: 1.1 for Choir IV**

Full Year

Full Year

Music Appreciation

This course is designed to enhance students' understanding and enjoyment of music by exploring its history, theory, and various genres, fostering critical listening skills and appreciation for diverse musical styles. Students will learn about the beginning of Western music and how it developed into the various genres we hear today. Students will also learn music literacy and understand basic music terminology. Students will use this knowledge to analyze musical works and their cultural context. The end of this course will be used to explore other forms of music from various cultures across the world. Students will have the opportunity to find what interests them and go in-depth on those topics.

Practical Arts

Ag Science I & Ag Science II Full Year

This course is designed for instruction in animal and plant science, soils, leadership, supervised occupational experience, food science, horticulture, agribusiness, and agricultural mechanics. Ag Science I will be taught during the first semester and Ag Science II will be taught during the second semester. This class is a prerequisite for <u>all</u> other high school agricultural education classes. Ag Science I & II must both be successfully completed before enrollment in any other agriculture classes can occur.

<u>Ag Management and Economics</u> Semester (opposite Food Science) Prereq: Ag Sci I & II Grade 10 - 12This course combines farm management, agribusiness management, and content based upon agricultural economic principles. Computer applications are included to enhance student understanding and utilization of current technology. Units include: human relations, verbal and written communication, microcomputers in agriculture, economic principles, farm planning, agribusiness functions, and business management. *Course rationale:* agriculture encompasses the food, fiber, conservation, and natural resource system, employing over 20% of the nation's workforce. Application of economic principles and business management to the agriculture industry provides the basis for financial success of an agricultural business. Will alternate yearly with Ag Business.

Ag BusinessFull YearPrereq: Ag Sci I & IIGrade 10–12Profit Maximizing Principles Unit and selected lessons from Business Management Units will be utilized to provide
learning activities to formulate decisions in managing an agricultural supply/service business. Ag Business will alternate
yearly with Ag Management and Economics.

Ag ConstructionFull YearPrereq: Ag Sci I & IIGrade 10–12Ag Construction deals chiefly with oxyacetylene welding, arc and Heli arc welding, and the construction of major shop
projects (both metal and wood).Grade 10–12

Ag StructuresFull YearPrereq: Ag Sci I & IIGrade 10–12Ag Structures will include electrical wiring, electric motors, concrete masonry, plumbing and sewage disposal, farm fences,
product handling and processing equipment, and farm building problems.Grade 10–12

Crop Production Semester 2 (opposite Livestock Production) Prereq: Ag Sci I & II Grade 10–12 Units in this course may include growing systems, plant selection, production practices, harvesting and storing, marketing, fertilization, soils, conservation, chemicals, integrated pest management, water quality, and biotechnology. *Course rationale:* agriculture encompasses the food, fiber, conservation, and natural resource system, employing over 20% of the nation's workforce. Scientific principles in plant nutrition, breeding, selection, harvesting, soil management, and water quality are essential for students with an interest in agronomy and natural resource related careers.

Grades 9-12

Grades 9-12 The primar

Grades 9-12

Food ScienceSemester (opposite Livestock Prod) Prereq: Ag Sci I & IIGrade 10-12Units in this course will include principles of food preservation, food processing, food selection & consumer health.Consumer health.

Fish & Wildlife ManagementSemester 1 (opposite Ag Mgt) Prereq: Ag Sci I & IIGrade 10 - 12Units in this course will include: conservation careers, fish and wildlife values, habitat management, forest management, wetlands, stream conservation, and pond construction/management. Also included will be a study of Missouri mammals, birds, and fish as well as an aquaculture unit

Livestock Production Semester 1 (opposite Food Science) Prereq: Ag Sci I & II Grade 10–12 Advanced study in animal production, management, marketing, nutrition, breeding, production records, selection, animal health, waste management and biotechnology may be included in this course. *Course rationale:* agriculture encompasses the food, fiber, conservation, and natural resource system, employing over 20% of the nation's workforce. Scientific principles in animal nutrition, breeding, selection, marketing, and waste management are essential for students with an interest in animals or animal related careers.

Business

Accounting IFull YearGrade 11-12This vocational course is designed to build a foundation and understanding of manual accounting principles,
concepts, and procedures. Topics discussed include: accounting concepts, the accounting equation, the accounting cycle,
entering transactions in journals, posting, preparing various statements, payroll systems, banking activities, and taxes.
WEIGHT: 1.1

Accounting II Full Year Grade 12 This vocational course is designed to help the student acquire a more thorough, in-depth knowledge of accounting procedures and techniques utilized in solving business problems and making financial decisions. Students will develop skills in analyzing and interpreting information common to partnerships and corporate forms of organizations, preparing formal statements with supporting schedules, using voucher systems, and using inventory control and budgetary controls systems. Automated accounting will also be utilized in this course. WEIGHT: 1.2

Business Communications Semester (opposite Health) Required: Grade 9 Business Communication is designed to introduce students to: the touch operation of the keyboard characters, correct keystroking with an emphasis on developing speed and accuracy, and an introduction to document processing and spreadsheets via Microsoft Word and Excel. Online safety and etiquette will also be highly focused on. Other various online programs, including, but not limited, to Google Applications will also be utilized throughout the semester. Approximately two weeks will be designated to developing student portfolios, which may be updated throughout their high school years.

Business Technology Semester 2 (opposite Pers. Finance) Prereq: Bus Com Required: Grade 10–12 This vocational class is designed to help students develop the qualities, knowledge, and skills necessary for working in a business. Areas of study include: exploring career opportunities, using written and oral communication, making decisions and solving problems, processing information, using office procedures and organizational skills, and preparing a career/job portfolio. The use of current technology will be integrated throughout the course. Successful completion of this course fulfills half of the 1.0 unit of credit state graduation requirement for Practical Arts.

Computer Applications	Full Year	Prereq: Bus Com	Grade 10-12
(Offered every other year opposite Graphic Arts)			

This vocational course develops the student's ability to use pre programmed software packages for business and personal use. It will provide the student with a basic understanding of input, processing, and output operations based on software applications and will give maximum hands-on experience using the microcomputer. The first semester of this course has a dual-credit option for three hours of credit (BT 160) through North Central Missouri College in Trenton, Missouri.

Prerequisite: minimum 3.0 GPA on a non-weighted 4.0 scale and be a junior or senior. A parental signature is required to register for this course if the student is under the age of 18.

<u>Graphic Arts</u> Full Year (Offered every other year opposite Compr Apps) Prereq: Bus Comm

This course is designed to give students a basic background of computer operation concepts and an introduction to a variety of applications. Students will gain hands-on experience in manipulating applications such as Adobe Creative Cloud software to include: Illustrator and Photoshop, and also, the Internet.

Mass MediaFull YearGrade 10-12Mass Media is a production-oriented class. Students learn the basics of news writing: news stories, features, sports,
editorials, and opinion. They also study copy editing and layout. The class is responsible for the production of the
elementary and high school yearbooks, monthly publication of the school newspaper The Bulldog's Bark, along with the
posting and managing of social media posts to the school's Facebook and Instagram accounts. Study of photography,
copywriting, and layout will be included. With both the newspaper and the yearbook, the students receive some training in
advertising, including selling advertisements and publications business. Students must have a "C+" average in all Language
Arts courses and class enrollment will be determined on a yearly basis.

Personal FinanceSemester 1 (opposite Bus. Tech) Prereq: Bus ComRequired: Grade 10-12Personal Finance is a vocational course which is developed to give students background knowledge in insurance needs,
credit management, time and money management, personal income tax filing, saving and investing, using banking services
(e.g., a checking account). The use of current technology will be integrated throughout the course. Successful completion of
this course fulfills half of the 1.0 unit of credit state graduation requirement for Practical Arts.

Family and Consumer Science

<u>Career Development & Entrepreneurship</u> Opposite Food Science Grade 9-12 This course introduces individuals to career opportunities and/or career pathways in family consumer sciences and human services-related occupations/careers. It explores the development, marketing, and management functions associated with owning and operating a family consumer sciences and human services-related business. Instruction emphasizes career development and preparation components; balancing family life and entrepreneurial ventures; hands-on activities in entrepreneurial concepts; and use of technology.

Clothing and TextilesSemester 1 (opposite Housing and Design)Grade 10–12Clothing serves as a means to identify and allow self-expression for each person. The image a person presents may be the
basis of acceptance by others. Units covered include fashion, selection and care of clothing, budgeting, and basic sewing
techniques. Textiles and fabrics are studied in order to make decisions on evaluating and caring for fabrics and garments
and to select ready-made garments. Recycling and repair units help students to be able to stretch their clothing dollar.

HealthSemester (opposite Business Communication)Grade 9Students will discover the importance of good health and how they can build a healthy lifestyle. Students will also gain a
better understanding of how to maintain a healthy body and mind. Topics such as stress, pregnancy, mental illness, various
systems of the human body, and CPR/emergency responses are presented for student growth and learning. This course
allows for students to explore the long-term and short-term effects of alcohol, tobacco, and drug abuse as well as STI
awareness. This course will enable students to construct meaning pertinent to health care knowledge, communicate
effectively with family members and health care providers, solve problems impacting health and wellness, make
responsible health care decisions involving individuals, families and communities.

Housing and DesignSemester 2 (opposite Clothing and Textiles)Grade 10-12Housing and Design gives students an overview of various design elements while creating an understanding of various
housing concepts. Topics in this course include elements of design, fashion trends, colors schemes, architectural designs,
basic construction and furniture styles. Students will also design a house through the use of visual software

Modern LifeSemester (opposite Career Dev. and Entrepreneurship)Grade 9-12This course is one semester in length. In this class we will explore the many dynamics of family life as well as milestonesin adolescents and how those milestones help and contribute to an individual's ability to reach their highestpotential throughout life. This class will help you learn skills to live successfully, build strong relationships, and gain abetter understanding and appreciation of yourself, family, and society both now and throughout life.

Nutrition I Semester 1 (opposite Nutrition II) Grade 9-12 Nutrition I is designed to promote student understanding of food psychology, nutrients, the food and dietary guidelines, special diets, and weight management techniques. This course will contain informational lectures as well as food labs.

Semester 2 (opposite Nutrition I) Grade 9-12 Nutrition II This course continues from Nutrition I, breaking down each of the food groups and examining nutritional information for each group. Topics discussed in this class will include the food groups, convenience cooking, and a World Foods Unit. Food labs, along with lecture, are involved in this course.

Full Year Grade 10-12 ProStart is a program created by the National Restaurant Association Educational Foundation. Students learn the management and culinary skills needed for a career in the foodservice industry. Educational Strategies and technology are utilized for classroom instruction. In addition, there is an emphasis on safety and sanitation, communication, management, and customer service. Upon completion of the safety and sanitation unit, the culinary lab experience, which includes soups. sauces, fruits, vegetables, and grains, to begin with. Upon successful completion of the ProStart exams, certification is available. Prerequisite: Nutrition or Food Science course, unless pre-approved by the teacher.

ProStart II: ProStart II is a continuation of ProStart I. The industry emphasis for ProStart II is nutrition, operational costs, and marketing. The culinary focus is breakfast, sandwiches, salads, meats, desserts, and global cuisine. Nationally recognized certification is available upon passing both ProStart I and ProStart II final exams with a minimum score of 70% and completing the work experience component.

Miscellaneous

Vocational-Technical Full Year Grades 11-12

Attending vocational courses at North Central Career Center in Bethany, Missouri, is primarily for juniors and seniors. Three units of credit can be earned per year at the vo-tech school in career concentrations of: auto collision, auto technology, building trades, health occupations, child care or welding. Students having 12 units of credit after their sophomore year or 18 units of credit at the end of their junior year may apply. Application procedures begin in late February with final selection occurring after Drop-Add/Registration in early August.

ProStart I:

Full Year

Grade 11-12